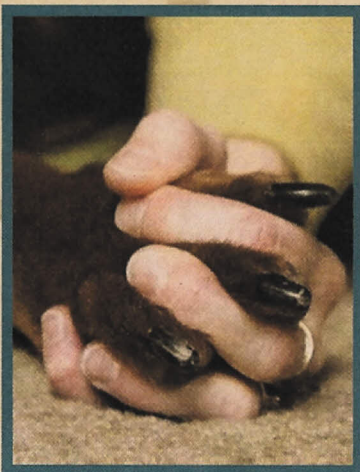


Each massage plan is custom formulated to suit the needs of each individual client. Assessment of the client will begin with a complimentary initial consultation and followed thereafter during each massage session. Fully documented progress notes are kept and copied for the owner to understand their pets massage program and what was involved in each session. Massage sessions are by appointment only. Please feel free to call with any questions, concerns or comments.



Christa M. Black

is a certified small animal massage practitioner. She graduated from the Northwest School of Animal Massage in Redmond, WA; one of the only accredited, hands-on schools for animal massage in the U.S. Her previous experience was at a Veterinary Rehabilitation Specialty Center in West Chester, PA. She has recently relocated to the Jacksonville area with her "best buddy" Charlie (pictured above) and her loving, rescued cat Malakai.



Christa M. Black
Certified Small Animal
Massage Practitioner



Specializing in canine and feline maintenance and rehabilitative massage

Tel: 904-304-1160
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Which animals would benefit from massage?

Almost every animal can profit from massage including:

- Geriatric Pets
- Athletic Animals
- Working Animals
- Hospitalized Pets
- Post-Operative Pets
- Neurologic Animals
- Confined Animals
- Pets with Orthopedic Conditions
- Arthritic Animals
- Obese or Overweight pets

Physiological Benefits of Massage

Circulatory System:

- Promotes development of stronger cardiac muscles
- Boosts oxygen supply to the cells
- Decreases blood pressure
- Increases elimination of metabolic wastes

Digestive System:

- Stimulates peristalsis
- Enhances blood flow to the alimentary tract
- Stimulates kidney and liver function

Muscular System:

- Relaxes and stimulates muscles to relieve soreness, tension, stiffness and weakness.
- Mobilizes soft tissue
- Improves flexibility at the joints

Nervous System:

- Relieves pain
- Stimulates motor nerves

- Reduces restlessness and sleep disturbances
- Enhances proprioception

Respiratory System:

- Improves inspiration

Lymphatic System:

- Drains stagnant lymph nodes
- Cleanses the body of metabolic wastes

Integumentary System:

- Improves tone and elasticity of skin
- Enriches quality of coat/fur

Skeletal System:

- Improves alignment of skeletal structures without force

